

CERTIFICATE

OF PARTICIPATION

This is to certify that

Phaka Maraba Frederick

Has successfully participated & completed the

10km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 00:49:32

PACE 04:57/km

OVERALL 95 of 765

GENDER 83 of 311

SENIOR (20- 44 of 149

39)

26 October 2019, Sat

Date

BoulLime

Signature